

IT'S OK TO ASK!

If you need help getting up,
we will help you!



We don't want you
to **FALL**. Illness,
medicines, tests
or surgery can
make you dizzy
or weak. You may
not be as strong
as you feel.
IT'S OK TO ASK
for help before
getting up.

Be an important part of our
patient safety team!



In collaboration with hospitals throughout Greater Cincinnati

IT'S OK TO ASK!

Are your health care workers cleaning their hands? Ask!

Clean hands prevent the spread of infection.

IT'S OK TO ASK health care workers if they cleaned their hands.



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Questions about medications?
We will answer them.

Always carry a
current list of your
medications
(including
allergies and
over-the-counter
medications) and
their doses with
you. Know why
and when you
are taking
medications.

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Request that staff check your identification.

We check your identification bracelet to make sure the right patient gets the right care. **IT'S OK TO ASK** staff to check your identification before giving you medications, treatments or tests.



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